

# Serenity Suites

SENIOR LIVING AT WABASSO



Fall 2025  
newsletter





## Bloomin' Apples

### Ingredients

4 large (9 ounce) Honeycrisp apples  
4 tablespoons unsalted butter, melted  
3 tablespoons light brown sugar  
1 1/2 teaspoons apple pie spice blend  
8 medium soft caramel squares  
vanilla ice cream  
caramel sauce

### Directions

Gather all ingredients and preheat the oven to 375 degrees F.

Slice off the top 1/2-inch of each apple. Using an apple corer, a melon baller, or a teaspoon, remove core, starting at the top of each apple and stopping about 1 inch from the bottom of the apple.

Using a paring knife or a round cookie cutter, cut 2 concentric circles 1/4-inch apart outward from core, cutting as deep as possible without cutting all the way through bottom of apple.

Working from the top of the apple, cut vertically into 8 equal slices, leaving apple intact 1/2-inch from bottom.

In a small bowl, whisk together butter, brown sugar, and apple pie spice until well combined. Set aside.

Place apples in an 8-inch square baking dish. Fill each apple with two caramel squares. Brush butter mixture evenly over the tops of each apple. Pour boiling water around the apples to a depth of 1/4-inch in the bottom of the dish. Cover with foil.

Bake in the preheated oven for 30 minutes. Remove foil and continue to bake, uncovered, until sugar begins to caramelize and apples are tender when pierced with a paring knife, 25 to 30 minutes.

Allow apples to cool for 10 minutes. Using your hands, gently spread apple "petals" apart. Serve warm or at room temperature topped with a scoop of vanilla ice cream and a drizzle of caramel sauce.



*Recipe developed by Jasmine Smith*



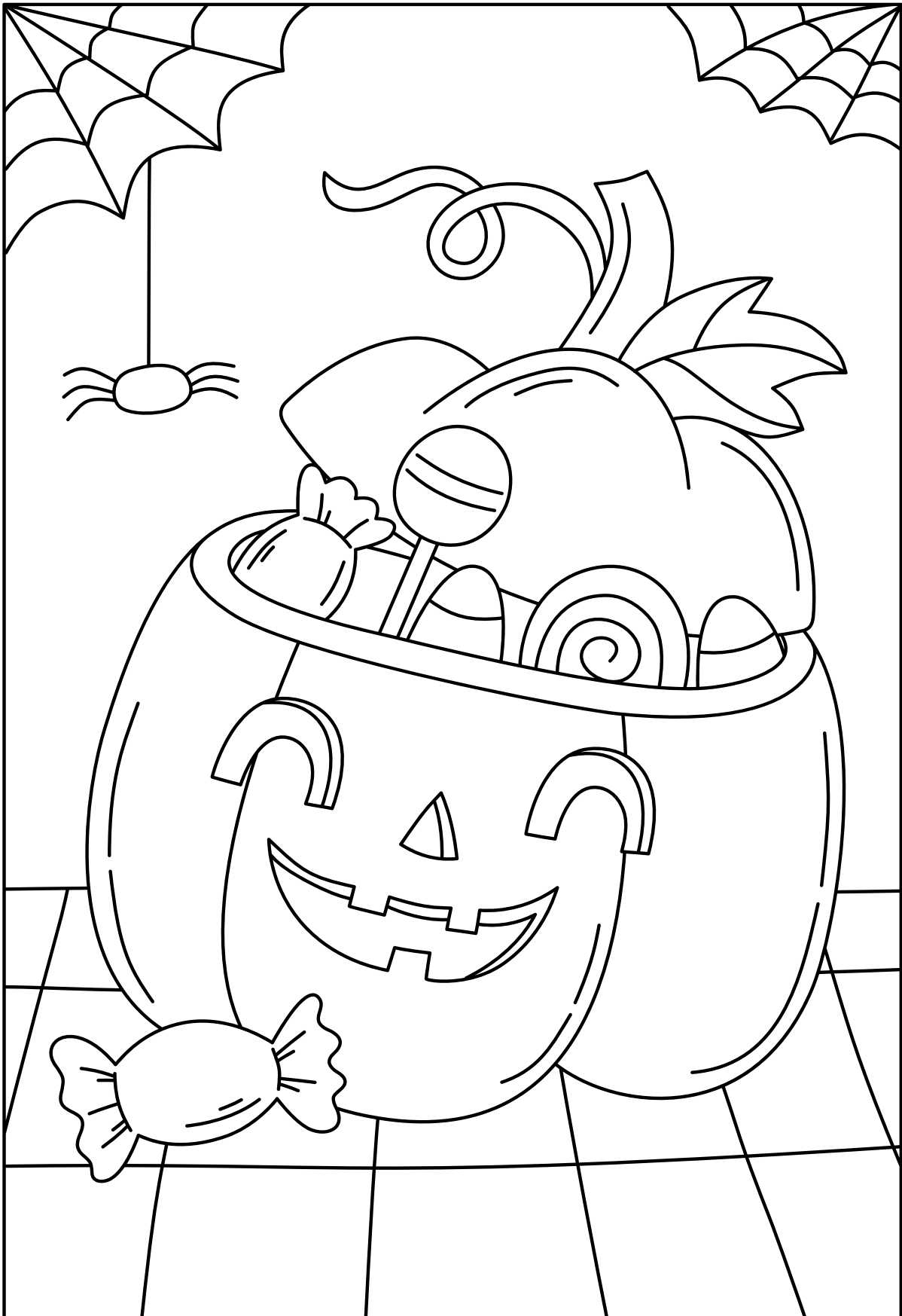
## Meet MICHELLE

“ —  
“favorite part about  
working at Serenity Suites  
is interacting with the  
residents.”



Michelle began working at Serenity Suites back in May. She lives in Wabasso with her husband, Deano and they have two sons and a black lab. Michelle is a full-time teacher at the Wabasso school. In her free time, you may find her reading or spending time with family at dirt track races. Her favorite board games are Monopoly and Sorry. Her favorite ice cream flavor is Cold Stone Creamery Coffee Lovers Only and her favorite movie is The Princess Diaries. Michelle never leaves home without her coffee. Her most enjoyable part of her job is interacting with the residents. We are glad she is a part of our Serenity Suites team!







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 (320) 424 - 8651  
Reach out to Abby with questions

