

Serenity Suites

SENIOR LIVING AT WABASSO



*Winter 2024
newsletter*



Classic Baked Apples



6 servings



45 minutes

INGREDIENTS

6 medium crisp-tart cooking apples (like Pink Lady, Honeycrisp, Golden Delicious, Granny Smith, Jonathon or Jonagold, Ida Red, etc*)
½ cup Old Fashioned rolled oats
2 tablespoons all purpose flour
¼ cup chopped pecans
½ cup packed brown sugar
1 teaspoon cinnamon
¼ teaspoon ground ginger
¼ teaspoon allspice
¼ teaspoon kosher salt
4 tablespoons butter, melted
Maple syrup, for serving
Vanilla ice cream, for serving

DIRECTIONS

1. Preheat the oven to 400°F. Bring water to boil in a tea kettle.
2. Remove the core of each apple with a paring knife: cut a funnel shape from top of the apple to about 2/3 of the way down. Remove and discard the seeds and core.
3. In a medium bowl, stir together the rolled oats, flour, pecans, brown sugar, cinnamon, ginger, allspice, kosher salt, and melted butter. Spoon the filling into the apples.
4. Place the apples in a small baking dish. Cover the bottom of the dish with about 1/4" of the boiling water.
5. Bake for 25 minutes, then cover loosely with foil. Bake 15 to 20 minutes until tender when pierced with a knife, but not mushy (or more, if necessary).
6. Drizzle each apple with maple syrup, and if desired serve with vanilla ice cream. Serve with a knife and fork.

SUDOKU # 01

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | | | | 8 | | | 5 | |
| 5 | 8 | | 6 | 7 | | 4 | | |
| | | 2 | | | 1 | 8 | | 3 |
| 1 | | 9 | | | 4 | | | 2 |
| | | | | 6 | 7 | | 3 | 4 |
| | 4 | 6 | | 9 | | 5 | | |
| 8 | | | 9 | | | | | 6 |
| 4 | | 5 | | 3 | 6 | 1 | | |
| | | 1 | | 2 | | | 9 | 5 |



Karen helped the residents make adorable snowmen from popsicle sticks and a few adornments. Thanks to our elf, Rosemary Junker, for calling BINGO and suggesting the snowmen snack from donuts. Lastly, thank you Gretchen Lanoue (Jack Dudgeon's granddaughter) for making the beautiful Christmas trees. What a kind and thoughtful gesture that the residents thoroughly enjoy!



SCHOLARSHIP SAVAILABLE!

The course of study must lead to career advancement.

Be employed with Serenity Suites.

Work a minimum average of 10 hours per week .

Achieve your educational goals in healthcare and we'll pay for it!

Serenity Suites
SENIOR LIVING AT WABASSO

 (320) 424 - 8651

Reach out to Abby with questions





Winterfest Celebration. A few brave souls (Donna, Judy, and Lila) ventured out to watch the Torchlight Parade and the fireworks that followed. Thanks to the Wabasso Commercial Club for putting on this event each year!